Headteacher: Mrs Sarah Fuller
Deputy Head: Mrs Emily Hair
Assistant Head: Mr Martin Phillips
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Monday 12th October 2026

Relationships and Sex Education (RSE) – Years 1 to 6

Dear Parents and Carers,

As you may be aware, the teaching of RSE is compulsory for all primary schools. At Greenside, we know how crucial RSE is to pupils' well-being and development.

Next half term, teachers from Years 1 to 6 will be delivering RSE in their PSHE lessons. From past experience, we know that some parents and carers may feel apprehensive about the lesson content. Therefore, we invite you to a parent workshop on **Thursday 22nd October at 9am** where we will provide an overview of the lesson coverage and answer any questions you may have.

The RSE curriculum centres on building and maintaining safe and healthy relationships and helping children to understand the physical changes their bodies undergo as they grow. All content has been carefully considered and the curriculum is mapped so that it is age-appropriate. RSE lessons are taught by class teachers using an approved scheme of learning, 'Yasmine and Tom'. The programme uses two characters as a tool for highlighting important changes to the body and keeping safe.

Naturally, your child may come home and discuss what they have learned with you. If you wish to know the day RSE lessons will be taught in your child's class, please contact their teacher directly. Please note, if your child is in a mixed class, e.g. Adventurous Anacondas or Dazzling Dolphins, the children will be taught the content for their year group only.

If you would like further information about the content of the RSE curriculum, including lesson plans, these are saved on the school website at: https://www.greenside-sch.org/rse-2/ You will also find the school's RSE policy and other useful information here.

So that we have an idea of how many parents will be attending the workshop, please complete the form: https://forms.cloud.microsoft/e/Fs55m3az88

If are unable to make the workshop, please email any questions to admin.info@greenside-sch.org or request a telephone appointment with Mr Khan. Once again, thank you for your continued support.

Yours faithfully

Mr Khan
PSHE, RSE and RE Lead