

Mrs S Fuller
Pudsey Greenside Primary School
Chapeltown
Pudsey
Leeds
LS28 8NZ

Health and Wellbeing Service
Children and Families Dept
Leeds City Council
Adams Court, Kildare Terrace
Whitehall Road
Leeds
LS12 1DB

Email: schoolwellbeing@leeds.gov.uk
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Dear Sarah and Maxine,

Thank you for inviting me into your school to carry out a Healthy Schools validation visit on November 10th, 2022.

Based on the findings of the visit, I am pleased to confirm your continued Healthy Schools status. Thank you for continuing to support the Healthy Schools agenda and for continuing your work in the core 4 areas of health and wellbeing, for the benefit of the pupils and the whole school community.

During the visit there were many examples of excellent practice including:

- **The whole school, holistic approach to Healthy Schools work and the interlinking of the four core areas.** From Early Years, the school works hard to ensure all pupils understand how to keep themselves healthy, safe and happy. The head teacher, senior leadership team and staff strive to make sure all pupils are emotionally literate, resilient, aspirational and part of the school community and therefore able to reach their full potential.
- **The work that has been carried out to ensure that the PSHE curriculum is needs led from Early Years upwards.** The broad and balanced PSHE curriculum, including the MindMate lessons, is well embedded and aligned to statutory guidance. It has a high profile in school and is very well led and managed. The PSHE lead ensures the planned curriculum is both preventative and responsive to need. The school uses data from the My Health, My School survey to ensure pupil voice and needs are covered within the teaching of PSHE. Maxine, the PSHE lead, also uses her own pupil voice surveys to collect pupil voice from the younger pupils in relation to PSHE.
- **The whole school approach to support pupils social, emotional, and mental health is excellent.** There is a real sense of nurture and belonging felt across school. The school's 5 learning drivers of resilience, community, creativity, aspirations and diversity underpin the schools SEMH work. The universal offer for pupils is broad and well established. The Learning Mentor and Family Support team know the children and families extremely well and offer a range of responsive support. The targeted offer is excellent, with all staff committed to doing their best for pupils. The new tiered response system means the SEMH team can respond swiftly and appropriately. The Zones of Regulation initiative, which is being rolled out

across school, is helping all pupils to talk about and regulate their emotions.

- **Pupil voice and participation is strong, with pupils enjoying a range of roles in school.** As well as pupil roles such as Sports Leaders, Reading Buddies and School Councilors, curriculum leaders have time out of class for monitoring and evaluation and collecting pupil voice is part of that process. Pupils are very much included in school life and there is a real sense of strong relationships and connectedness in school.
- **The drive and determination to ensure that all pupils are physically active through a diverse and inclusive range of events and opportunities.** The coordinator is ambitious and dedicated which ensures the subject is very well managed. The school provides a great range of clubs. Aside from a full PE curriculum and enriched extra curricular offer, the children also enjoy Forest schools work and Active Maths in the wider curriculum. The Well Schools Partnership also supports creating a framework to make the whole curriculum more active. The Quick Skip initiative supports physical activity but also encourages team-work, perseverance and good mental health. The links to physical activity and social and emotional and mental health are very evident. Every opportunity is given to support pupils' SEMH through physical activity.
- **Staff work hard to share healthy eating messages through the curriculum and beyond.** They work hard to model and create a culture of healthy habits and a sense of balance. Cooking in the curriculum is woven into topic work in all year groups. An informative Food and Drink policy has just been updated after consultation with stake holders, but school are mindful that these are currently difficult times, financially, for many families and are keen to be encouraging and supportive, rather than prescriptive. The enthusiastic School Food Ambassadors work hard to both encourage healthy choices and lunchtime habits. The social aspect of eating together and good table manners is valued.

Your Healthy Schools School status is valid for three years. During this period, we hope you will be able to share some of the excellent practices you showcased during the visit with other schools and colleagues from across the city.

Kind regards
Gill Mullens
Healthy Schools Advisor