



How often is PE taught at Greenside Primary School?

At Greenside Primary School each class has two hour-long sessions of PE per week, which are timetabled to take place on the same day. One is a session of indoor PE, whilst the other session is of outdoor PE. Year 4 children and selected children from Year 5 and 6 attend weekly swimming lessons instead of an outdoor PE session.

What is covered in PE lessons?

At Greenside, we are committed to providing a high quality physical education curriculum, which meets the needs of all of our learners. Our PE curriculum promotes healthy and active lifestyles and supports pupils to develop their fundamental movement skills or 'physical literacy,' which in turn enables them to become competent and excel in a broad range of physical activities.

From EYFS through to Year 6, we follow the RealPE scheme, which focuses on the development of agility, balance and coordination, healthy competition and cooperative learning. The progression-based learning of RealPE is designed to be provide the full inclusion of all children, as well as a high-level challenge for more-able children.

Children also participate in a second session of PE each week, which is often more sport specific and further supports the learning of their fundamental movement skills. Units include gymnastics, dance, athletics, games and outdoor adventurous activities.

When do children go swimming? What do they learn in their swimming lessons?

It is a National Curriculum requirement for Key Stage 2 children to 'swim competently, confidently and proficiently over a distance of at least 25 metres, using a range of strokes effectively'. Since September 2016, it has been our policy for all Year 4 children to attend weekly swimming lessons for the whole academic year. During these sessions, we follow the Leeds Schools Swimming Framework, which focusses on water proficiency, stroke technique and water safety. Any children who complete Year 4 without meeting the National Curriculum requirement will continue to receive compulsory swimming lessons in Year 5 and 6.

What should my child wear for a PE lesson?

The school uniform for PE is:

A white Greenside t-shirt with black tracksuit bottoms/shorts (weather dependant) and a black tracksuit jacket or jumper. They must also have a pair of sensible trainers suitable for use on the school playground and field.

Long hair must be tied back and jewellery is not permitted. If a child has pierced ears, the earrings must be removed for PE sessions. In the case of newly pierced ears, children must bring their own medical tape to cover up their earrings. Please ensure your child can independently remove their earrings for PE.

How are all children included in PE lessons?

At Greenside, teachers plan for differentiation in all subjects to ensure all children can enjoy learning and achieve success. In a PE lesson, this might be by introducing larger or smaller target areas, varying the number of rules for a game or by using different types of equipment, for example large balls that are easier to see and catch. The progression-based learning of RealPE is designed to be provide the full inclusion of all children. This child centred approach, focusing on the fundamental movement skills, ensures every child is engaged and challenged in PE.

What if I think my child is gifted and talented?

If you feel your child is gifted and talented in an area of PE, please do not hesitate to talk to the class teacher. They can pass this information on to the PE subject leader. The PE subject leader has links with a variety of local clubs and can suggest places your child could go to for out of school coaching.

How can I support my child with PE at home?

It is important that your child is physically active at home as well as in school. Current guidelines from the Chief Medical Officer is that all children should participate in 60 minutes of physical activity a day, with 30 minutes expected to be completed at school and 30 minutes to be completed at home. As a parent/carer you can support them by encouraging them to be active outdoors and to keep fit by walking and cycling. It would also be beneficial if you could support your child in basic physical skills such as throwing and catching, hopping, skipping, jumping etc. This can be as simple as going into the garden or park and throwing a ball around or playing a simple game of bat and ball during the summer.

What extra-curricular sporting opportunities are available?

At Greenside, we offer a range of extra-curricular sporting opportunities, with a number of after-school clubs and opportunities for children to participate in inter-school events. After-school football and netball clubs run on a weekly basis, with a number of other clubs, such as cricket and tag rugby, running at various points during the academic year. For up-to-date information regarding the clubs, which are currently on offer, please see the school website or the PE and Sport noticeboard in the main entrance.

Does Greenside have any links with local clubs?

Greenside has links with several local clubs. We work with Pudsey Leisure Centre, accessing their swimming facilities for both our swimming lessons and our annual swimming gala. We also work with Pudsey Tennis Club, Pudsey St Lawrence Cricket Club, Stanningley Football Club, Bradford City Football in the Community and the Leeds United Foundation to provide the pupils with specialist coaching in tennis, cricket and football. As part of a cluster of schools within the Pudsey area, Greenside also work closely with the Leeds Rhino Foundation who provide specialist curriculum teaching and coaching, as well as organising a number of local competitions during the course of the academic year.

Can you tell me about Sport Premium?

All primary schools in England have been allocated with £16000 (plus £10 per pupil) of government funding since 2017/2018 to support in improving the breadth and quality of Physical Education (PE) and Sport provision across school. Please see the Sport Premium link on our website for more information on how we are using this funding to maximise impact for our pupils.