



Headteacher: Mrs Sarah Fuller
 Deputy Head: Mr Dale Lockwood
 Greenside Primary School
 Chapeltown
 Pudsey
 Leeds
 LS28 8NZ
 Tel: 0113 257 4509
 Email: admin.info@greenside-sch.org
 Website: <http://www.greenside-sch.org>

Monday 31st October 2022

















Competition for pupils

Dear Parents/Carers

We are very excited to be launching the 'Zones of Regulation' across the school this term. We believe that this will help our children to learn how to manage their difficult emotions better, which can be particularly challenging for our neurodiverse children. Please see the link on our website to give you more information about zones of regulation and the strategies we are using at school and how you can support at home.

<https://www.greenside-sch.org/special-educational-needs-and-disabilities/>

The ZONES of Regulation®

   	   	   	   
BLUE ZONE Sad Sick Tired Bored Moving Slowly	GREEN ZONE Happy Calm Feeling Okay Focused Ready to Learn	YELLOW ZONE Frustrated Worried Silly/Wiggly Excited Loss of Some Control	RED ZONE Mad/Angry Terrified Yelling/Hitting Elated Out of Control

We are also very proud to be creating a room in school that will be used as a provision room for all our pupils to help children manage their emotional needs and provide a safe calm area for therapeutic work, whilst also supporting pupils in our school with neurodiverse needs. We have moved our 'safespace tent' into the new room, but apart from this we have a blank canvas that we want to enhance with lots of sensory resources and equipment. We would like our school community to help us with this by asking the pupils to create a name for the room and design ideas. All entries cost £1 (however pupils are welcome to contribute more to their entry) All money raised will go towards resourcing the room with items such as; bean bags, fidget toys, calm lighting etc

Children will be given a competition sheet this week, and if they would like to enter, we ask they return it to their class teacher by Friday 11th November, along with their £1 Entry fee.

The School Council will choose the winning entry with more emphasis on the name of the room. Our winner will be part of our official opening with some other members of our school community. I am looking forward to seeing all our pupils inspirational, creative and amazing ideas for our new provision room.

I would also like to take this opportunity to thank the FROGS who have donated the £200 Lottery fund money to enhance the provision room. We will continue to update you on how our new provision room is developing through the grapevine, website and Facebook page.

Yours faithfully,

Mrs Hair -SENCO/AHT

