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Our PSHE & RSE Program in Year 5/6

Dear Parents/carers,

At Greenside Primary School, we believe partnership with our parents is vital to achieve the best outcomes for our pupils. One notable change is that regardless of gender, all pupils will be taught the same curriculum at the same time to ensure inclusion and equality. Some parts of RSE curriculum are compulsory - these are part of the National Curriculum for Science or RSE Curriculum. Parents can withdraw their children from all other parts of RSE if they wish to do so. However, we believe that the presentation of sexual images in social and other media make it important that all young people have a place to discuss pressures, check facts and dispel myths. Even if a child is withdrawn, many pupils will discuss such issues with each other outside the classroom. Rather than hear about the content second-hand, we hope all children will have the opportunity to take part in our carefully planned lessons.

This **week**, the objectives that we will be covering are:

- **Year 5 and 6:** An Introduction to the topic, naming parts of the body and understanding safe touch and consent.
- **Year 5 and 6:** Learn about the physical and emotional changes associated with puberty including when puberty happens, why it happens, who pupils can talk to and the impact of puberty on body hygiene.
- **Year 5 and 6:** Learn about the physical and emotional changes associated with puberty specifically menstruation.
- **Year 5 and 6:** Learn to consider different attitudes and values around gender stereotyping and sexuality and consider their origin and impact. Learn what values are important to them in relationships and to appreciate the importance of friendship in intimate relationships.
- **Year 6 only:** Learn about human reproduction in the context of the human lifecycle.
- **Year 6 only:** Learn how a baby is made and grows (conception and pregnancy).
- **Year 6 only:** Learn about roles and responsibilities of carers and parents.
- **Year 6 only:** Learn how to support each other and how and where to ask for advice.

During the course, pupils will be able to ask questions, which will be answered factually and in an age-appropriate manner. Each pupil's privacy will be respected, and no one will be asked to reveal personal information.

Many parents and parent-related organisations support good quality RSE in school. Parents are the most important educators of young people in personal issues and many welcome the support that school can offer to supplement their home teaching. You may find that your child starts asking questions about the topic at home, or you might want to take the opportunity to talk to your child about issues before the work is covered in school. If you have any queries about the content of the programme or resources used, please do not hesitate in contacting your class teacher at school. All materials used are available for you to browse through should you so wish.

Yours sincerely

Mr Dale Lockwood

Co-Deputy Headteacher



